
 /joaoarrais/ /name/nm2394494/**Date of Birth:**

28/09/1995

**Languages**

- Portuguese (Mother tongue)

**Awards**

- Winner of the "Best Actor" Award at the Cinetendinha Awards, part of Algarve Film Week 2024;
- Nominated for "Best Film Cast" and "Best Film Actor" at the Cineuphoria 2024 awards;
- Nominated for "Best Film Actor" at the XVI Golden Globes Gala, 2022;
- Nominated for "Best Supporting Actor in a Film", "Best Cast in a Film" and "Best Actor in a Film" at the Cineuphoria 2022 awards;
- Winner of the "Best Secondary Actor in a Film" Award at the Áquila Awards 2021;
- Nominated for "Best Supporting Actor in a Film" at the Cineuphoria Awards 2021;

# João Arrais

**Artistic Training**

- In September 2015 he attended the "Camp Broadway" workshop at Chelsea Studios in New York, USA;
- In September 2013, she took a film course at the Escola Superior de Teatro e Cinema;
- In August 2013 he attended the "West End Stage" workshop at the Guildhall School of Music & Drama in London, UK.

**Cinema**

- 2023, Nelson Silva, "Revolução (Sem) Sangue", feature film directed by Rui Pedro Sousa, Filmes da Mente;
- 2023, Estevão, "Papéis do Inglês", feature film directed by Sérgio Graciano, Leopardo Filmes;
- 2022, Zé, "Nação Valente", feature film directed by Carlos Conceição, co-produced by Mirabilis and Terra Treme (international premiere: Locarno Film Festival);
- 2021, Rui, "Evadidos", feature film directed by Bruno Gascón, Caracol Filmes;
- 2020, Bela, "L'Enfant", feature film directed by Marguerite de Hilerien and Félix Dutiloy-Liégeois, Leopardo Filmes (international premiere: Rotterdam International Film Festival);
- 2019, José Eduardo, "Ordem Moral", feature film directed by Mário Barroso, Leopardo Filmes (international premiere: Tokyo Film Festival);

- Nominated for "Best Leading Actor" and "Best Leading Actor in Television" at the "Fantastic Television 2019" awards;
- Winner of the "Best Actor in a Short Film" award at the Cineuphoria 2018 awards;
- Nominated for "Best Actor in a Short Film" at the "Fantastic Television 2018" awards;
- 2nd place in the Sexy Teen 2014/5/6/7/8 awards, promoted by the "Correio da Manhã" newspaper;
- Nominated for the 2011 L'Oréal Young Talent Award at the "Lisbon & Estoril Film Fest'11".

- 2019, "Les Fleurs Abominables", a feature film directed by Carlos Conceição;
- 2019, Joaquim (young), "A Herdade", feature film directed by Tiago Guedes, Leopardo Filmes (international premiere: Venice Film Festival);
- 2019, Nataniel Pintassilgo, co-protagonist, "Um Fio de Baba Escarlata", feature film directed by Carlos Conceição, Produções Mirabilis;
- 2018, Manuel Santos, "Fátima", feature film directed by Marco Pontecorvo, Vivi Films;
- 2017, Soldado Milhões, protagonist, "Soldado Milhões", feature film directed by Gonçalo Galvão Telles and Jorge Paixão da Costa, Ukbar Filmes;
- 2016/7, protagonist, "Serpentário", feature film directed by Carlos Conceição (international premiere: Berlin International Film Festival);

- 2015, protagonist, "Bad Rabbit", medium-length film directed by Carlos Conceição (international premiere: Cannes Film Festival);
- 2015, Cabo Ruço, "Cartas de Guerra", feature film directed by Ivo Ferreira, Som e a Fúria (international premiere: Berlin International Film Festival);
- 2014, protagonist, "Acorda Leviatã", short film directed by Carlos Conceição;
- 2014, co-protagonist, "Segredo de Matar", music video directed by Carlos Conceição for "Mundo Cão";
- 2013, co-protagonist, "Versailles", short film directed by Carlos Conceição (international premiere: Locarno Film Festival);
- 2011/2, Idiota (main cast), "The Lines of Torres", feature film directed by Raoul Ruiz and Valeria Sarmiento, Clap and Alfama Filmes (international premiere: Venice Film Festival);
- 2011, Simão (main cast), "Assim Assim", feature film directed by Sérgio Graciano;
- 2009/2010, Pedro da Silva (child)(main cast), "Mistérios de Lisboa", feature film directed by Raoul Ruiz, Clap Filmes (international premiere: San Sebastián International Film Festival);
- 2008, Alexandre, co-protagonist, directed by Leandro Ferrão, Stopline. This short film is one of 10 that together complete the telefilm "O Dez";
- Since 2007 there have been several student and independent short films.

## Television

- 2024, Rodolfo (main cast), "Sempre", Coyote Vadio, RTP and Amazon Prime;
- 2023, Zen (main cast), "Papel Principal", SP Televisão, SIC;
- 2022, Gaio de Almeida (main cast), "Lusitânia", Take 2000, RTP;
- 2022, Lourenço jovem (main cast), "Histórias da Montanha", Fado Filmes, RTP;

- 2022, Alex (main cast), "Praxx", Santa Rita Filmes, Opto;
- 2020, Fernando (main cast), "Glória", SP International, Netflix;
- 2020, Rosa Casaco (fixed cast), "O Atentado", Coral Europa, RTP;
- 2019, Paulo (permanent cast), "Auga Seca", co-production SP Televisão and Televisión de Galicia, RTP;
- 2019, Vítor (additional cast), "Terra Brava", SP Televisão, SIC;
- 2018, Tito (permanent cast), "Vidas Opostas", SP Televisão, SIC;
- 2018, Soldado João (additional cast), "Três Mulheres", David and Goliath, RTP;
- 2017, Million Soldier, protagonist, "Million Soldier", Ukbar Filmes;
- 2017, Afonso (additional cast), "Inspetor Max 2.0", Coral Europa, RTP;
- 2016/7, Afonso Carvalheda (additional cast), "Filha da Lei", Stopline, RTP;
- 2016, Rafa (permanent cast), "Rainha das Flores", SP Televisão, SIC;
- 2014/5, Pedro Pimenta (permanent cast), "Mar Salgado", SP Televisão, SIC;
- 2014, Rui (additional cast), "Bem Vindos a Beirais", SP Televisão, RTP;
- 2014, Carlos (additional cast), "Beijo do Escorpião", Plural, TVI;
- 2013, Rafael (additional cast), "Filhos do Rock", Stopline, RTP;
- 2013, Tiago Silva (permanent cast), "I Love It", Plural, TVI;
- 2012, João Mendonça (permanent cast), "Depois do Adeus", SP Televisão, RTP;
- 2011, Jaime Falcão (protagonist), "Portal do Tempo", Coral Portugal, TVI;
- 2011, Tiago - gótico (part. especial), "Família Mata", SP Televisão, SIC;
- 2011, Bully (special part), "Velhos Amigos", SP Televisão, RTP;
- 2010, special participation, "Vôo Directo", SP Televisão, RTP;
- 2010, Pedro (special part), "Cidade Despida", SP Televisão, RTP;
- 2009, Bruno Santana (permanent cast), "Perfeito Coração", SP Televisão, SIC;
- 2009, Rã (additional cast), "Conta-Me Como Foi" - 3rd series, SP Televisão, RTP;
- 2008, Special Participation, "Podia Acabar o Mundo", SP Televisão, SIC;
- 2008, Telmo (special part), "Morangos com Açúcar" - series 6, NBP, TVI;
- 2008, Duarte Ferraz (fixed cast), "Liberdade 21", SP Televisão, RTP;
- 2008, Vasco (fixed cast), "Casos da Vida - Superior Interesse", NBP, TVI;
- 2008, Marcelo (permanent cast), "Casos da Vida - Telma", NBP, TVI;

- 2008, Tiago (special part), "Chiquititas", TDN, SIC;
- 2007/8 Class 2, "Do you know more than a 10-year-old?", Freemantle, RTP;
- 2006/7, Francisco (permanent cast), "Jura", TGSA, SIC.

## Theater

- 2020, "Romeo and Juliet", directed by John Romão, Dona Maria II National Theater;
- 2014/15, Fagin, "Oliver Twist", directed by Sofia Espírito Santo, Malaposta Cultural Center;
- In May 2009 he made his professional theater debut in the show "Gota d'Água" as Jasãosinho (son of the main characters Joana and Jasão), at the Centro Cultural de Belém in Lisbon, and has also performed in other theaters in the country.

## Others

- Since 2006, he has provided the image and/or voice for various commercials;
- Since 2018 dubbing animated films;
- Driving license for category A and B vehicles;
- As a child in 2008 I had experience in fashion catalogs and shows;
- Until 2010, he was a federated footballer;
- 2012, National trampoline champion.